

# *Did You Know?*

**Over the counter & prescription medications should *never* be disposed of down the drain.**

Properly disposing of unwanted and expired prescription drugs prevents water pollution, promotes a healthy environment and prevents others from consuming your medications.

Waste-water treatment facilities do not remove pharmaceutical compounds, so they may end up in your family's drinking water.

## **Guidelines for Proper Disposal of Medications**

*From the Atlantic County  
Division of Public Health*



### **4 Steps For Proper Disposal**

1. Keep medicine in original container. Mark out personal information on prescription bottles.
2. Mix liquid medicine with undesirable substances like coffee grinds, cat litter or dirt. Dilute pills with water, then add coffee grinds, cat litter or dirt.
3. Place bottles in an opaque container, like a yogurt container, and secure lid; or wrap in a dark colored plastic bag.
4. Hide the container in the trash. Do NOT recycle.

**For more information,  
contact the  
Atlantic County Division  
of Public Health's  
Environmental Unit at  
609-645-5971.**

Atlantic County Executive  
Dennis Levinson



Atlantic County Board of Chosen Freeholders  
Joseph F. Silipena, Chairman