



Fight The Bite



PREVENT TICK-BORNE ILLNESS

KNOW THE FACTS:



Before going out:

- ◆ Wear light colored clothing, tuck shirt into pants and pants into socks.
- ◆ Wear closed shoes.
- ◆ Apply a tick repellent & follow product directions—for children consult your pediatrician.



While Outside:

- ◆ Stay in center of trails.
- ◆ Avoid low bushes and leafy brush.
- ◆ Periodically check clothing & skin for ticks and remove them.



Upon Return:

- ◆ Check clothing, skin & hair for ticks.
- ◆ Check pets for ticks after each time they are out.
- ◆ Promptly remove any ticks carefully with tweezers.



To learn more about tick-borne illnesses call the Atlantic County Division of Public Health at: **609-645-5935** or visit our website: **www.aclink.org/publichealth**



Atlantic County Executive
Dennis Levinson



Board of Chosen Freeholders
Joseph F. Silipena, Chairman